

# Cyber Checklist

## Social Media – What to Post

Ever wonder what information is appropriate to share on social media? The policies and guidelines are different for official Department of State pages and your personal pages. Use the table below to help you know what to post where.

Information	Official Page (on behalf of Dept)	Private Page (Personal)
State.gov email address	✓	✗
Personal email address	✗	✓
Classified or sensitive info	✗	✗
Personal views listed as those of the Department	✗	✗
Security set to “friends only” or private	✗	✓
Security set to public	✓	✗
Vacation photos	✗	✓
Social Security Number	✗	✗
Full date of birth	✗	✗
Phone number	✓	✗
Job title	✓	✗
Security clearance	✗	✗
Official event photos	✓	✗

**Remember, less is more when posting to social media.  
For more specific guidance, see 5 FAM 790.**



Questions? Contact [Awareness@state.gov](mailto:Awareness@state.gov)  
Published by the U.S. Department of State 2012

