

Project REWIND

notMYkid[®]
INSPIRING POSITIVE LIFE CHOICES

An Early Intervention Solution for Adolescents

notMYkid's Project REWIND is a peer-to-peer early intervention program designed to help adolescents experiencing mild to moderate challenges related to drug and/or alcohol use. This positive and encouraging program is designed to strengthen family communication and connection while helping teens understand the reasons behind drug use and the real consequences. Parents are equipped with tools, knowledge, and resources to keep kids and families safe, healthy, and thriving.

In order to educate, support, and strengthen the family as a whole, teens attend the program with a parent, guardian, or other adult family member. Reaching adults and teens together is an important facet of Project REWIND, as we understand that supporting the family as a whole is a crucial ingredient to success. With an emphasis on solutions and strategies, rather than scare tactics, Project REWIND seeks to inspire youth and families to choose a healthy path through the teen years.

THE 6-HOUR PROGRAM SEQUENCE INCLUDES:

- 1** Self-paced online learning session for teens and parents together – 2 hours
- 2** Live group session with other families (in person and online) – 2 hours
- 3** Self-paced online learning session for parents – 1 hour
- 4** Individual follow up session for additional services (peer support, counseling) if necessary – 1 hour

New for Families!

notMYkid now offers outpatient behavioral health services!

- Licensed clinicians to treat mental health & substance use disorders
- Individual & group counseling
- Peer support & coaching

LOCATION

notMYkid, Inc.
5310 E Shea Blvd.
Suite 1
Scottsdale, AZ 85254

ELIGIBILITY:

Participants are carefully screened to assure best fit for the program. Parent involvement is required.

FEE:

\$250

Financial aid is available for qualifying families

ENROLL HERE:

notMYkid.org

FOR MORE INFORMATION:

(480) 714-6636 or email

ProjectREWIND@notmykid.org

IF YOUR TEEN IS IN MIDDLE SCHOOL OR HIGH SCHOOL, WE CAN HELP!